market messenger

OCTOBER 2026 | VOLUME 10 ISSUE: 2

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WARM WELCOMES, COZY SIPS & FALL FLAVORS!

CITY CENTER MARKET
food co-op & deli





a cozy taste of autumn
KALE & SAUSAGE SOUP

It's beginning to look and feel like Autumn. With the falling temperatures, I love to warm up with hot homemade soups! Recently, I dug up one of my favorite recipes to use up some of the vegetables in my garden. It can be made in bulk, tastes great the next day, and is easy to prepare, making it a winner in my recipe file!

your new fall favorite!

KALE & SAUSAGE SOUP

- 1 lb. Polish-style sausage, cut into 1/4" slices
- 3 medium potatoes, chopped
- 2 medium onions, chopped
- 2 TBSP olive oil
- 1 bunch kale, trimmed & torn
- 4 cloves garlic, minced
- 1/4 tsp. salt
- 1/4 tsp. pepper
- 2 bay leaves
- 1 can (14.5oz) diced tomatoes, undrained
- 1 can (15 oz) chickpeas, drained and rinsed
- 4 cups chicken broth

Cook the sausage, potatoes, and onion in olive oil over medium-low heat until the meat is heated through (roughly 5 min). Add kale and cover. Cook until the kale wilts (2-3 min). Add garlic; cook for 1 min. Add remaining ingredients and bring to a boil. Reduce heat and cover to simmer until potatoes are tender (10-12 min). Discard bay leaves before serving.

In cooperation,
Joanne Kneller-Spence,
Board Secretary



MANAGEMENT TEAM

John Kenny
General Manager

Megan Roiger
Operations Manager

Gina Harcey
Human Resources Manager

Mike VanderHyde
Retail Merchandising Manager

Susan Sims
Front End Manager

Dominic Johnson
Produce Manager

Makenna Edlund
Grocery Manager

Kharis Mehus
Wellness Manager

Amber Swanson
Coffee Shop Manager

Larissa Anderson
Deli Manager

Maggie Vomela
Marketing Manager

BOARD OF DIRECTORS

Carissa Elmstrand
Board President

Michelle Pivec
Board Vice President

Joanne Kneller-Spence
Board Secretary

Linda Johnson-Morke
Board Treasurer

Gary Moss
Board Member

Benjamin DeMaris
Board Member

Ann Wellmann
Board Member

Steve Jorgenson
Board Member

ENDS/MISSION

Because of City Center Market, our community enjoys enhanced physical, economic, and social well-being.

- Our community has a trusted source of products and services that support healthy living.
- Our local economy benefits from mutually supportive relationships between our co-op and its owners, employees, producers, and suppliers.
- Our owners have a genuine sense of pride in our values-based business.
- Our community has a welcoming and inclusive place to gather.



get to know

OUR CO-OP TEAM



Gina

HUMAN RESOURCES MANAGER

What is your position at City Center Market and what is it that you do within your position?

I am the new Human Resources Manager, responsible for leading and overseeing the organization's full range of human resources functions. This includes talent acquisition and onboarding, employee relations, compliance, leadership coaching, benefits, compensation and leave administration, training, and workplace culture initiatives. In this role, I partner with managers and employees to support effective leadership, foster a positive and respectful workplace, protect confidentiality, and ensure HR practices remain legally compliant and aligned with organizational goals.

How long have you been at City Center Market and what brought you here?

I just started! CCM is a bright light to our Cambridge community. As an avid shopper at CCM and one who highly values what they offer, I want to see them continue to thrive. As they navigate transition to a larger store, more staff and greater complexity, I hope to use my skill-set to navigate transition with grace, face complexity with clarity and fortitude, and implement the necessary HR infrastructure to maintain a larger staff with efficiency. I value people and want to create an environment where employees feel valued, respected, supported and equipped to thrive.

Tell us a little bit about yourself!

I value health, quality, efficiency and wisdom and aim to integrate that into all that I do. I care about and love working with people. My background includes a bachelor's degree in Business from the University of MN-Carlson School of Management with a major in Human Resources and over ten years of progressive HR experience. I am an Associate Certified Coach with a coaching mastery certificate and have spent the last few years honing in on coaching leaders. I count it my soul-craft to empower individuals, families, teams and organizations for greater flourishing and I look forward to working with CCM to do the same.

KEEP READING ABOUT GINA ON THE NEXT PAGE!



get to know

OUR CO-OP TEAM

What is your favorite part of working at the co-op?

My favorite part of working at the Co-op will always be the work I get to do every day with the people. Every human has value. Every human is gifted and talented in some special way. Every human on my team will have a spot and be encouraged to fill it with passion and purpose.

What is one of your favorite items in the store?

I shop at CCM because I have many favorites. If I had to pick one, it would be the gluten free scones (blueberry or birthday cake) made by our amazing Deli Manager, Larissa!
I cannot just pick one favorite, though, so here are my top picks: Anders and Eve Blueberry Hibiscus Kombucha, Equip Coffee, organic produce, and frozen Capello's Almond Flour Buttermilk Biscuits; and, periodically, I enjoy a latte or americano from the Coffee Shop. My kids love the Organic Valley Lactose-Free Chocolate Milk and the Good Bread Company, Cranberry Wild Rice bread.

SHOP GINA'S GROCERY LIST!

- ☐ FROZEN CAPELLO'S ALMOND FLOUR BUTTERMILK BISCUITS
- ☐ GOOD BREAD COMPANY, CRANBERRY WILD RICE BREAD
- ☐ ORGANIC VALLEY LACTOSE - FREE CHOCOLATE MILK
- ☐ ANDERS AND EVE BLUEBERRY HIBISCUS KOMBUCHA
- ☐ GLUTEN - FREE BLUEBERRY SCONE
- ☐ LATTE / AMERICANO
- ☐ ORGANIC PRODUCE
- ☐ EQUIP COFFEE

welcome gina!

CITY CENTER MARKET
122 BUCHANAN ST N
CAMBRIDGE, MN

welcome!

NEW BOARD MEMBERS

City Center Market, following the results of our recent *Take Your Seat at the Table* board recruitment campaign, welcomes Amy Peterson, Benjamin Demaris, and Susan Sims to join our Board of Directors. We'd like to express our thanks to all those who were nominated and the members who chose to participate in the vote. Welcome Amy, Ben, and Susan! The City Center Market board is so happy to have you!

AMY PETERSON



BENJAMIN DEMARIS



SUSAN SIMS



coffee shop
DRINK OF THE MONTH
OCTOBER 2026
OCTOBER MOOD LATTE
A cozy blend of pumpkin spice, roasted hazelnut & caramel.
IT'S EVERYTHING ABOUT FALL THAT YOU'VE BEEN WAITING FOR!
50¢ OFF
All sizes.
All month long.



CITY CENTER MARKET
since 1979

2026 FALL coffee shop menu

The Fitzgerald 4, 5, 5.5
A remarkably smooth latte that also remains espresso-forward. Whipped espresso with a dash of real cane sugar over ice & milk.

The Camden 4, 5, 5.5
The Fitzgerald's sister drink – the espresso is just as smooth, but we're switching out the ice for something warm and cozy.



Pumpkin Spice Latte 4.5, 5.5, 6
It's that time again! Delicious pumpkin & spice in your creamy latte.



Pumpkin Spiced Donut Chai 4.5, 5.5, 6
The essence of a little autumn treat – chai spice, pumpkin & a hint of brown sugar.

October Mood Latte 4.5, 5.5, 6
It's everything about fall that you've been waiting for! A cozy blend of pumpkin spice, roasted hazelnut and caramel.

Cardamom Maple & Oat Latte 5, 6, 6.5
Simple ingredients, delicious taste – real cardamom, local maple syrup & oat milk.

Longevity Mushroom Latte 5.5, 6.5, 7
A blend of 5 different medicinal mushrooms including Reishi, Chaga & Lion's Mane. Made with cocoa, ginger, cardamom, cinnamon, honey and milk.

Citrus Balm Tea 3.5, 4, 4.5
Mint herbal tea with steamed lemonade, peach and local honey.

All blended drinks +75¢

CITY CENTER MARKET
food co-op & deli

ROUND IT UP



Round up your purchase or donate any amount.

Each month, donations are awarded to a local organization making a difference.

YOUR OCTOBER RECIPIENT IS . . .

Friends of the CAMBRIDGE PUBLIC LIBRARY

Mission:
We're a group of people who love our library! We partner with the library to find new and innovative ways of providing services to our community.

What we do:
- Help fund programs, projects and activities not covered by the library's annual budget
- Purchase items for the library
- Organize and host our semi-annual Used Book Sales
- Volunteer at library events to support library staff
- Represent the library at community events

Thank you, Friends of the Cambridge Public Library, for all that you do!

OCTOBER 2026 - SEPTEMBER 2027

your ROUND IT UP lineup

Thank you to all who nominated organizations and cast your votes in our first owner-voted Round It Up selection process! We're excited to introduce the 2026-2027 Round It Up Program lineup and can't wait to work alongside these outstanding community organizations in the year ahead. To find out who is currently benefiting from Round It Up, stop in the co-op or call us at 763.689.4640.

- FRIENDS OF THE CAMBRIDGE LIBRARY
- FAMILY PATHWAYS
- RUFF START RESCUE
- PLAY INC ARTS
- HAVEN FOSTER SHOPPE
- BLUEJACKET EDUCATION FOUNDATION
- EAST CENTRAL BABY CAFE
- MADDY NELSON MEMORIAL
- TUSEN TACK
- BRAHAM ELEMENTARY PARENT ORGANIZATION
- THE BRAVE FOUNDATION
- EAST CENTRAL MN CHORALE

Applications to be a part of our 2027 - 2028 lineup will open July 2027.



We're looking for someone who genuinely enjoys food, baking and creating things people love.

Maybe it's the friend who is always making cookies.
The mom who makes amazing birthday cakes.
The person selling sourdough at the farmers market.
Or someone who loves experimenting in the kitchen.

DELI and BAKER POSITIONS ARE OPEN!

APPLY TODAY at CITY CENTER MARKET!

DO YOU KNOW SOMEONE WHO loves TO BAKE?

Please send a message to HR@citycentermarket.coop to start a conversation or apply online to our Deli-Baker positions.

Click anywhere on this ad to learn more!