



fresh deals

June 17, 2026 - June 23, 2026

All prices while supplies last.



4.99
per lb



CERTIFIED ORGANIC
Peaches
Product of USA



2.99
per lb



CERTIFIED ORGANIC
Red or Black Plums
Product of USA



4.99
per lb



CERTIFIED ORGANIC
Nectarines
Product of USA



6.99
1 lb



CERTIFIED ORGANIC
Sungold Kiwi
Product of New Zealand



4.49
each



CERTIFIED ORGANIC
Cauliflower
Product of USA



3.99
per lb



CERTIFIED ORGANIC
Red or Green Grapes
Product of Mexico

Always *fresh* fruits & veggies at your co-op.

Candy-like & Jelly-like flavor!



4.99
 CERTIFIED ORGANIC
 Gummy Berry or
 Jelly Berry Grapes
 1 LB | Product of Mexico



2/\$5
 CERTIFIED ORGANIC
 English Cucumbers
 1 CY | Product of Mexico



2/\$5
 EPIC
 Meat Snack Bar
 1.3 OZ | Select Variety



2.33
 RED'S
 Frozen Burritos
 4.5-5 OZ | Select Variety

5.99
 ORGANIC VALLEY
 Raw Cheese
 8 OZ | Select Variety



7.99
 WINDLAND FLATS
 100% Grass Fed Ground Beef
 1 LB | 93/7 | Product of Princeton, MN



5.99
 FARMER FOCUS
 Organic & Free
 Range Boneless
 Chicken Breast
 1.13 LB



\$1 OFF
 DELI FRESH
 Cran-Razz
 Club Panini
 Reg. & Made Without Gluten
 Reg. \$7.99 | MWG Reg. \$8.99



\$1 OFF
 DELI FRESH
 Amazing Almond Bar
 Reg. & Made Without Gluten
 Reg. \$3.79 | MWG Reg. \$3.99



\$1 OFF/lb
 DELI FRESH
 Fiesta Black
 Bean Salad
 Reg. \$8.99/lb



4.79
 QUANTUM HEALTH
Cough Relief
 Lozenges
 18 CT | Select Variety



3.99
 CRYSTAL
 Roll On
 Deodorant
 2.25 OZ | Select Variety



6.49
 QUANTUM HEALTH
Therazinc
 Zinc Lozenges
 18 CT | Select Variety



8.39
 CRYSTAL
 Stick Deodorant
 2.25 OZ | Select Variety



3.19
 QUANTUM HEALTH
Therazinc
 Elderberry
 Lozenges
 14 CT | Raspberry Flavor



5.49
 ACURE
 Watermelon
 Shampoo &
 Conditioner
 8 FL OZ



FREE!
 COFFEE SHOP
 12 oz. Lemonade of
 Choice w/ any 20 oz.
 Summer Menu Drink
 Purchase
 Not valid with any other
 discounts or offers.



29.99
 MARY RUTHS
 Morning or
 Nighttime Liquid
 Multivitamin
 32 FL OZ