

I graduated with a BA, sociology major from Camrose Lutheran College in Canada. I have worked in healthcare as a Recreational Therapist, have been a foster care provider, volunteered at schools, churches, and nursing homes in a variety of capacities. I homeschooled my oldest daughter grades 1 through 12.

I grew up shopping with my mom at our local Co-op, helping in our massive vegetable garden and helping to care for our livestock. I have served on a "board" before serving as secretary as a youth in my local 4-H chapter and also as a secretary for 2 years on the Music & Worship committee at a church I attended and most recently have sat on the Special Education Parent Advisory Board for the school district.

My vision for the co-op is that it will be long-lasting - that it will not just endure, but thrive so that future generations can benefit from the opportunity to purchase locally sourced foods that are environmentally conscious and have options for those that have dietary and environmental sensitivities. I hope to be a part of this vision - that I can be a source of support and information about the benefits of being a part of a local co-op.

As I have food sensitivities to gluten and dairy, I do not dine out often but instead make most of our meals at home. City Center Market has been a great support as it offers products for a variety of diets.